

Course 5 : S - Cadettes

| Place | SCRATCH | TEMPS | Dossard | Nom | Prénom | Club | Temps natation | Classement natation | Temps vélo | Classement vélo | Temps course | Classement course |
|-------|---------|---------|---------|----------|--------|-------------------------------|----------------|---------------------|------------|-----------------|--------------|-------------------|
| 1 | 34 | 1:27:05 | 2 | MAILLARD | Lise | FLERS LA FERTE MACE TRIATHLON | 0:13:02 | 9 | 0:50:01 | 30 | 0:24:02 | 45 |

Course 5 : S - Cadets

| Place | SCRATCH | TEMPS | Dossard | Nom | Prénom | Club | Temps natation | Classement natation | Temps vélo | Classement vélo | Temps course | Classement course |
|-------|---------|---------|---------|----------|---------|-------------------------------|----------------|---------------------|------------|-----------------|--------------|-------------------|
| 1 | 5 | 1:13:35 | 43 | GIROUARD | Gaylord | TC VAL | 0:13:44 | 13 | 0:40:51 | 8 | 0:19:00 | 8 |
| 2 | 7 | 1:14:20 | 16 | PILON | Florian | EAC TRIATHLON | 0:12:40 | 7 | 0:42:06 | 10 | 0:19:34 | 14 |
| 3 | 8 | 1:14:20 | 17 | PIERRE | Lilian | EAC TRIATHLON | 0:12:41 | 8 | 0:42:04 | 9 | 0:19:35 | 15 |
| 4 | 15 | 1:16:32 | 31 | LEGER | TRISTAN | LAVAL TRIATHLON CLUB | 0:14:33 | 21 | 0:42:40 | 16 | 0:19:19 | 12 |
| 5 | 21 | 1:20:09 | 50 | CULPIN | Arnaud | | 0:18:06 | 44 | 0:40:27 | 19 | 0:21:36 | 32 |
| 6 | 49 | 1:36:54 | 25 | SENHADJI | Hugo | FLERS LA FERTE MACE TRIATHLON | 0:17:28 | 42 | 0:55:12 | 54 | 0:24:14 | 47 |

Course 5 : S - Juniors filles

| Place | SCRATCH | TEMPS | Dossard | Nom | Prénom | Club | Temps natation | Classement natation | Temps vélo | Classement vélo | Temps course | Classement course |
|-------|---------|---------|---------|--------|--------|---------------------|----------------|---------------------|------------|-----------------|--------------|-------------------|
| 1 | 30 | 1:24:16 | 1 | TONDUT | JEANNE | CHERBOURG TRIATHLON | 0:12:18 | 6 | 0:46:10 | 18 | 0:25:48 | 53 |

Course 5 : S - Juniors garçons

| Place | SCRATCH | TEMPS | Dossard | Nom | Prénom | Club | Temps natation | Classement natation | Temps vélo | Classement vélo | Temps course | Classement course |
|-------|---------|---------|---------|----------|--------|-------------------------------|----------------|---------------------|------------|-----------------|--------------|-------------------|
| 1 | 24 | 1:22:39 | 14 | COUBRAY | Erwan | CAENATHLETICS CLUB | 0:13:48 | 14 | 0:47:30 | 26 | 0:21:21 | 27 |
| 2 | 57 | 1:43:06 | 26 | POTDEVIN | Simon | FLERS LA FERTE MACE TRIATHLON | 0:20:27 | 58 | 0:53:18 | 57 | 0:29:21 | 68 |

Course 5 : S - Seniors femmes

| Place | SCRATCH | TEMPS | Dossard | Nom | Prénom | Club | Temps natation | Classement natation | Temps vélo | Classement vélo | Temps course | Classement course |
|-------|---------|---------|---------|----------|--------|-------------------------------|----------------|---------------------|------------|-----------------|--------------|-------------------|
| 1 | 42 | 1:31:17 | 3 | MOULIN | Gaëlle | FLERS LA FERTE MACE TRIATHLON | 0:14:56 | 27 | 0:52:04 | 41 | 0:24:17 | 48 |
| 2 | 47 | 1:35:53 | 5 | BELPAUME | Elisa | LES TRITONS CONDEENS | 0:14:40 | 23 | 0:55:35 | 50 | 0:25:38 | 52 |
| 3 | 56 | 1:42:04 | 6 | DURAND | HELENE | | 0:14:31 | 20 | 1:01:17 | 59 | 0:26:16 | 55 |
| 4 | 60 | 1:45:52 | 8 | DEMESLAY | Maud | | 0:22:30 | 62 | 0:56:46 | 60 | 0:26:36 | 60 |
| 5 | 63 | 1:55:25 | 9 | MANOURY | Julie | CAEN TRIATHLON | 0:19:22 | 52 | 1:03:56 | 64 | 0:32:07 | 72 |

Course 5 : S - Seniors hommes

| Place | SCRATCH | TEMPS | Dossard | Nom | Prénom | Club | Temps natation | Classement natation | Temps vélo | Classement vélo | Temps course | Classement course |
|-------|---------|---------|---------|------------|---------------|---------------------------|----------------|---------------------|------------|-----------------|--------------|-------------------|
| 1 | 1 | 1:03:32 | 18 | MAUREL | Kevin | ENDURANCE 72 TRIATHLON | 0:10:34 | 1 | 0:35:41 | 1 | 0:17:17 | 1 |
| 2 | 2 | 1:07:34 | 23 | LE GALL | Benjamin | ENDURANCE 72 TRIATHLON | 0:10:54 | 2 | 0:39:01 | 2 | 0:17:39 | 2 |
| 3 | 3 | 1:10:11 | 19 | BEURNEZ | Etienne | ENDURANCE 72 TRIATHLON | 0:11:57 | 4 | 0:39:55 | 4 | 0:18:19 | 4 |
| 4 | 6 | 1:13:37 | 37 | COLLET | Ludovic | MAT72 | 0:13:39 | 12 | 0:39:55 | 6 | 0:20:03 | 18 |
| 5 | 9 | 1:14:32 | 39 | TRIGUEL | Romain | NINJA | 0:13:12 | 11 | 0:43:12 | 13 | 0:18:08 | 3 |
| 6 | 10 | 1:14:58 | 34 | FREMONT | Jerome | LES TRITONS CONDEENS | 0:11:48 | 3 | 0:41:39 | 5 | 0:21:31 | 28 |
| 7 | 11 | 1:15:26 | 24 | LE ROUX | Adrien | ERNEENNE SPORTS TRIATHLON | 0:13:06 | 10 | 0:42:47 | 11 | 0:19:33 | 13 |
| 8 | 12 | 1:15:33 | 29 | COME | Julien | LAVAL TRIATHLON CLUB | 0:14:51 | 25 | 0:39:05 | 7 | 0:21:37 | 33 |
| 9 | 13 | 1:15:59 | 38 | BUARD | Pierre-Yves | MAT72 | 0:13:54 | 15 | 0:42:08 | 12 | 0:19:57 | 16 |
| 10 | 14 | 1:16:24 | 71 | DEXET | Sébastien | LAVAL TRIATHLON CLUB | 0:14:13 | 18 | 0:43:04 | 17 | 0:19:07 | 9 |
| 11 | 16 | 1:17:17 | 36 | SOCHON | GUILLAUME | MASTRIA | 0:15:40 | 30 | 0:41:15 | 14 | 0:20:22 | 19 |
| 12 | 17 | 1:17:44 | 33 | NAVARRO | Ludovic | LES TRITONS CONDEENS | 0:14:18 | 19 | 0:42:51 | 15 | 0:20:35 | 20 |
| 13 | 18 | 1:18:54 | 62 | PICARD | Nicolas | | 0:15:05 | 29 | 0:44:40 | 22 | 0:19:09 | 10 |
| 14 | 19 | 1:19:20 | 30 | HAMEAU | Olivier | LAVAL TRIATHLON CLUB | 0:16:15 | 36 | 0:43:07 | 21 | 0:19:58 | 17 |
| 15 | 23 | 1:21:58 | 46 | BERGERE | Francois | | 0:18:36 | 46 | 0:42:44 | 27 | 0:20:38 | 23 |
| 16 | 26 | 1:23:18 | 49 | CALY | Cyril | | 0:14:42 | 24 | 0:46:33 | 25 | 0:22:03 | 34 |
| 17 | 27 | 1:23:24 | 28 | PAUCHET | Sébastien | FREE IRON TEAM | 0:17:13 | 41 | 0:45:33 | 29 | 0:20:38 | 21 |
| 18 | 29 | 1:24:12 | 72 | PLATON | Maxime | CHERBOURG TRIATHLON | 0:17:59 | 43 | 0:45:05 | 31 | 0:21:08 | 26 |
| 19 | 31 | 1:25:12 | 47 | PERROT | Mickael | | 0:14:54 | 26 | 0:47:41 | 28 | 0:22:37 | 37 |
| 20 | 32 | 1:25:52 | 66 | LEGROS | Anthony | | 0:16:13 | 34 | 0:47:04 | 32 | 0:22:35 | 36 |
| 21 | 35 | 1:27:09 | 11 | NOEL | Sylvain | AAS FRESNES TRIATHLON | 0:20:23 | 57 | 0:43:43 | 34 | 0:23:03 | 40 |
| 22 | 36 | 1:27:50 | 58 | RUALT | Jean-baptiste | | 0:19:43 | 56 | 0:45:22 | 38 | 0:22:45 | 38 |
| 23 | 38 | 1:28:35 | 56 | PREEL | Freddy | | 0:21:14 | 61 | 0:45:11 | 40 | 0:22:10 | 35 |
| 24 | 41 | 1:30:59 | 12 | L HUISSIER | Mickael | AAS FRESNES TRIATHLON | 0:19:07 | 51 | 0:48:07 | 42 | 0:23:45 | 43 |
| 25 | 44 | 1:32:11 | 32 | PRIOUL | Aurélien | LES TRITONS CONDEENS | 0:19:31 | 53 | 0:51:41 | 51 | 0:20:59 | 25 |
| 26 | 48 | 1:36:50 | 57 | CUSSON | Nicolas | | 0:20:40 | 59 | 0:49:14 | 49 | 0:26:56 | 64 |
| 27 | 50 | 1:37:21 | 51 | LUNEL | Fabien | | 0:19:05 | 50 | 0:53:46 | 55 | 0:24:30 | 49 |
| 28 | 53 | 1:39:03 | 65 | CAVAREC | Guillaume | | 0:14:39 | 22 | 0:59:05 | 56 | 0:25:19 | 51 |

Course 5 : S - Vétérans hommes

| Place | SCRATCH | TEMPS | Dossard | Nom | Prénom | Club | Temps natation | Classement natation | Temps vélo | Classement vélo | Temps course | Classement course |
|-------|---------|---------|---------|---------------|-----------------|-------------------------------|----------------|---------------------|------------|-----------------|--------------|-------------------|
| 1 | 4 | 1:11:29 | 22 | FORTIER | PHILIPPE | ENDURANCE 72 TRIATHLON | 0:13:59 | 16 | 0:36:49 | 3 | 0:20:41 | 24 |
| 2 | 20 | 1:19:37 | 20 | BEURNEZ | Jean michel | ENDURANCE 72 TRIATHLON | 0:15:56 | 32 | 0:43:03 | 20 | 0:20:38 | 22 |
| 3 | 22 | 1:20:10 | 45 | TORIEL | Jacques | VMT TRIATHLON | 0:16:33 | 38 | 0:44:22 | 24 | 0:19:15 | 11 |
| 4 | 28 | 1:23:47 | 42 | LECLERCQ | BENOIT | TC VAL | 0:14:59 | 28 | 0:45:51 | 23 | 0:22:57 | 39 |
| 5 | 37 | 1:28:05 | 41 | LECLERCQ | Jerome | TC VAL | 0:18:41 | 48 | 0:46:06 | 36 | 0:23:18 | 41 |
| 6 | 39 | 1:28:54 | 59 | JURRIUS | Eric | | 0:15:57 | 33 | 0:49:31 | 39 | 0:23:26 | 42 |
| 7 | 43 | 1:32:06 | 15 | MEGANCK | CHRISTOPHE | EAC TRIATHLON | 0:19:33 | 54 | 0:47:53 | 43 | 0:24:40 | 50 |
| 8 | 45 | 1:33:48 | 44 | SCHIAPPARELLI | Patrice | USC TRI | 0:18:22 | 45 | 0:51:13 | 48 | 0:24:13 | 46 |
| 9 | 46 | 1:35:13 | 64 | LE THOREL | Denis | | 0:19:41 | 55 | 0:49:36 | 47 | 0:25:56 | 54 |
| 10 | 51 | 1:38:18 | 55 | LEFEVRE | Jean-christophe | | 0:16:26 | 37 | 0:55:26 | 52 | 0:26:26 | 56 |
| 11 | 52 | 1:38:23 | 54 | LEFEVRE | Jean Michel | | 0:16:14 | 35 | 0:51:21 | 44 | 0:30:48 | 69 |
| 12 | 54 | 1:39:35 | 60 | HAIRIE | François | | 0:15:46 | 31 | 0:52:30 | 45 | 0:31:19 | 70 |
| 13 | 58 | 1:43:57 | 48 | MADELAINE | ERIC | | 0:21:12 | 60 | 0:51:07 | 53 | 0:31:38 | 71 |
| 14 | 59 | 1:45:01 | 61 | HUCHETTE | Lionel | | 0:27:03 | 66 | 0:54:11 | 62 | 0:23:47 | 44 |
| 15 | 64 | 2:04:25 | 27 | ROGER | Thierry | FLERS LA FERTE MACE TRIATHLON | 0:24:20 | 65 | 1:01:58 | 65 | 0:38:07 | 73 |

Course 5 : S - Relais

| Place | SCRATCH | TEMPS | Dossard | Nom équipe | NOM Prénom | Temps natation | Classement natation | Temps vélo | Classement vélo | Temps course | Classement course | |
|-------|---------|---------|---------|--------------|------------|-------------------|---------------------|------------|-----------------|--------------|-------------------|----|
| 1 | 25 | 1:22:40 | 154 | les sportifs | Natation | boulouar djamil | 0:17:08 | 40 | 0:46:57 | 33 | 0:18:35 | 5 |
| | | | | | Vélo | delarue bruno | | | | | | |
| | | | | | Course | delarue tom | | | | | | |
| 2 | 33 | 1:26:32 | 153 | LES BOUVETHA | Natation | BOUVET Ariane | 0:11:58 | 5 | 0:52:59 | 37 | 0:21:35 | 29 |
| | | | | | Vélo | BOUVET Françoise | | | | | | |
| | | | | | Course | HATREL Amandine | | | | | | |
| 3 | 55 | 1:41:47 | 155 | COCYCO | Natation | Panloup Cydric | 0:23:11 | 63 | 0:52:04 | 58 | 0:26:32 | 57 |
| | | | | | Vélo | Collado José | | | | | | |
| | | | | | Course | COLLERY Aurélie | | | | | | |
| 4 | 61 | 1:46:52 | 156 | vincynant | Natation | Coutable Antoine | 0:14:02 | 17 | 1:05:54 | 61 | 0:26:56 | 65 |
| | | | | | Vélo | Bozier Vincent | | | | | | |
| | | | | | Course | Brunet Cindy | | | | | | |
| 5 | 62 | 1:49:55 | 157 | naguigui | Natation | Coutable Nadège | 0:18:38 | 47 | 1:04:26 | 63 | 0:26:51 | 61 |
| | | | | | Vélo | Thareau Guillaume | | | | | | |
| | | | | | Course | Margeot Guillaume | | | | | | |

CLASSEMENT SCRATCH COURSE S

| SCRATCH | TEMPS | Dossard | Nom | Prénom | Club | Catégorie |
|---------|---------|---------|---------------|-------------------|-------------------------------|-----------|
| 1 | 1:03:32 | 18 | MAUREL | Kevin | ENDURANCE 72 TRIATHLON | senior |
| 2 | 1:07:34 | 23 | LE GALL | Benjamin | ENDURANCE 72 TRIATHLON | senior |
| 3 | 1:10:11 | 19 | BEURNEZ | Etienne | ENDURANCE 72 TRIATHLON | senior |
| 4 | 1:11:29 | 22 | FORTIER | PHILIPPE | ENDURANCE 72 TRIATHLON | vétéran |
| 5 | 1:13:35 | 43 | GIROUARD | Gaylord | TC VAL | cadet |
| 6 | 1:13:37 | 37 | COLLET | Ludovic | MAT72 | senior |
| 7 | 1:14:20 | 16 | PILON | Florian | EAC TRIATHLON | cadet |
| 8 | 1:14:20 | 17 | PIERRE | Lilian | EAC TRIATHLON | cadet |
| 9 | 1:14:32 | 39 | TRIGUEL | Romain | NINJA | senior |
| 10 | 1:14:58 | 34 | FREMONT | Jerome | LES TRITONS CONDEENS | senior |
| 11 | 1:15:26 | 24 | LEROUX | Adrien | ERNEENNE SPORTS TRIATHLON | senior |
| 12 | 1:15:33 | 29 | COME | Julien | LAVAL TRIATHLON CLUB | senior |
| 13 | 1:15:59 | 38 | BUARD | Pierre-Yves | MAT72 | senior |
| 14 | 1:16:24 | 71 | DEXET | Sébastien | LAVAL TRIATHLON CLUB | senior |
| 15 | 1:16:32 | 31 | LEGER | TRISTAN | LAVAL TRIATHLON CLUB | cadet |
| 16 | 1:17:17 | 36 | SOCHON | GUILLAUME | MASTRIA | senior |
| 17 | 1:17:44 | 33 | NAVARRO | Ludovic | LES TRITONS CONDEENS | senior |
| 18 | 1:18:54 | 62 | PICARD | Nicolas | | senior |
| 19 | 1:19:20 | 30 | HAMEAU | Olivier | LAVAL TRIATHLON CLUB | senior |
| 20 | 1:19:37 | 20 | BEURNEZ | Jean michel | ENDURANCE 72 TRIATHLON | vétéran |
| 21 | 1:20:09 | 50 | CULPIN | Arnaud | | cadet |
| 22 | 1:20:10 | 45 | TORIEL | Jacques | VMT TRIATHLON | vétéran |
| 23 | 1:21:58 | 46 | BERGERE | Francois | | senior |
| 24 | 1:22:39 | 14 | COUBRAY | Erwan | CAENATHLETICS CLUB | junior |
| 25 | 1:22:40 | 154 | les sportifs | boulouar djamil | | RELAIS |
| 25 | 1:22:40 | 154 | les sportifs | delarue bruno | | RELAIS |
| 25 | 1:22:40 | 154 | les sportifs | delarue tom | | RELAIS |
| 26 | 1:23:18 | 49 | CALY | Cyril | | senior |
| 27 | 1:23:24 | 28 | PAUCHET | Sébastien | FREE IRON TEAM | senior |
| 28 | 1:23:47 | 42 | LECLERCQ | BENOIT | TC VAL | vétéran |
| 29 | 1:24:12 | 72 | PLATON | Maxime | CHERBOURG TRIATHLON | senior |
| 30 | 1:24:16 | 1 | TONDUT | JEANNE | CHERBOURG TRIATHLON | junior |
| 31 | 1:25:12 | 47 | PERROT | Mickael | | senior |
| 32 | 1:25:52 | 66 | LEGROS | Anthony | | senior |
| 33 | 1:26:32 | 153 | LES BOUVETHA | BOUVET ARIANE | USM MALAKOFF | RELAIS |
| 33 | 1:26:32 | 153 | LES BOUVETHA | BOUVET FRANCOIS | CAEN TRIATHLON | RELAIS |
| 33 | 1:26:32 | 153 | LES BOUVETHA | HATREL AMANDINE | | RELAIS |
| 34 | 1:27:05 | 2 | MAILLARD | Lise | FLERS LA FERTE MACE TRIATHLON | cadet |
| 35 | 1:27:09 | 11 | NOEL | Sylvain | AAS FRESNES TRIATHLON | senior |
| 36 | 1:27:50 | 58 | RUULT | Jean-baptiste | | senior |
| 37 | 1:28:05 | 41 | LECLERCQ | Jerome | TC VAL | vétéran |
| 38 | 1:28:35 | 56 | PREEL | Freddy | | senior |
| 39 | 1:28:54 | 59 | JURRIUS | Eric | | vétéran |
| 41 | 1:30:59 | 12 | L HUISSIER | Mickael | AAS FRESNES TRIATHLON | senior |
| 42 | 1:31:17 | 3 | MOULIN | Gaëlle | FLERS LA FERTE MACE TRIATHLON | senior |
| 43 | 1:32:06 | 15 | MEGANCK | CHRISTOPHE | EAC TRIATHLON | vétéran |
| 44 | 1:32:11 | 32 | PRIOUL | Aurélien | LES TRITONS CONDEENS | senior |
| 45 | 1:33:48 | 44 | SCHIAPPARELLI | Patrice | USC TRI | vétéran |
| 46 | 1:35:13 | 64 | LE THOREL | Denis | | vétéran |
| 47 | 1:35:53 | 5 | BELPAUME | Elisa | LES TRITONS CONDEENS | senior |
| 48 | 1:36:50 | 57 | CUSSON | Nicolas | | senior |
| 49 | 1:36:54 | 25 | SENHADJI | Hugo | FLERS LA FERTE MACE TRIATHLON | cadet |
| 50 | 1:37:21 | 51 | LUNEL | Fabien | | senior |
| 51 | 1:38:18 | 55 | LEFEVRE | Jean-christophe | | vétéran |
| 52 | 1:38:23 | 54 | LEFEVRE | Jean Michel | | vétéran |
| 53 | 1:39:03 | 65 | CAVAREC | Guillaume | | senior |
| 54 | 1:39:35 | 60 | HAIRIE | François | | vétéran |
| 55 | 1:41:47 | 155 | COCYCO | Panloup Cydric | | RELAIS |
| 55 | 1:41:47 | 155 | COCYCO | Collado José | | RELAIS |
| 55 | 1:41:47 | 155 | COCYCO | COLLERY AURELIE | | RELAIS |
| 56 | 1:42:04 | 6 | DURAND | HELENE | | senior |
| 57 | 1:43:06 | 26 | POTDEVIN | Simon | FLERS LA FERTE MACE TRIATHLON | junior |
| 58 | 1:43:57 | 48 | MADELAIN | ERIC | | vétéran |
| 59 | 1:45:01 | 61 | HUCHETTE | Lionel | | vétéran |
| 60 | 1:45:52 | 8 | DEMESLAY | Maud | | senior |
| 61 | 1:46:52 | 156 | vincynant | Coutable Antoine | | RELAIS |
| 61 | 1:46:52 | 156 | vincynant | Bozier Vincent | | RELAIS |
| 61 | 1:46:52 | 156 | vincynant | Brunet Cindy | | RELAIS |
| 62 | 1:49:55 | 157 | naguigui | Coutable Nadège | | RELAIS |
| 62 | 1:49:55 | 157 | naguigui | Thareau Guillaume | | RELAIS |

| | | | | | | |
|----|---------|-----|----------|-------------------|-------------------------------|----------|
| 62 | 1:49:55 | 157 | naguigui | Margeot Guillaume | | RELAIS |
| 63 | 1:55:25 | 9 | MANOURY | Julie | CAEN TRIATHLON | senior |
| 64 | 2:04:25 | 27 | ROGER | Thierry | FLERS LA FERTE MACE TRIATHLON | vétérans |

Course 6 : M - Juniors

| Place | SCRATCH | TEMPS | Dossard | Nom | Prénom | Club | Temps natation | Classement natation | Temps vélo | Classement vélo | Temps course | Classement course |
|-------|---------|---------|---------|-----------|--------|---------------|----------------|---------------------|------------|-----------------|--------------|-------------------|
| 1 | 66 | 2:52:16 | 101 | BOUTEILLE | MAXIME | MSA TRIATHLON | 0:27:19 | 28 | 1:25:28 | 42 | 0:59:29 | 109 |

Course 6 : M - Seniors femmes

| Place | SCRATCH | TEMPS | Dossard | Nom | Prénom | Club | Temps natation | Classement natation | Temps vélo | Classement vélo | Temps course | Classement course |
|-------|---------|---------|---------|-----------|----------|---------------------|----------------|---------------------|------------|-----------------|--------------|-------------------|
| 1 | 45 | 2:41:12 | 1 | PHILIPPE | Perrine | BEAUMONT TRIATHLON | 0:27:25 | 31 | 1:27:02 | 48 | 0:46:45 | 44 |
| 2 | 83 | 2:59:28 | 5 | DODELANDE | Caroline | EVREUX AC TRIATHLON | 0:31:19 | 77 | 1:35:03 | 85 | 0:53:06 | 75 |
| 3 | 131 | 3:47:36 | 14 | EGAL | Landia | | 0:34:28 | 103 | 2:04:32 | 134 | 1:08:36 | 128 |

Course 6 : M - Seniors hommes

| Place | SCRATCH | TEMPS | Dossard | Nom | Prénom | Club | Temps natation | Classement natation | Temps vélo | Classement vélo | Temps course | Classement course |
|-------|---------|---------|---------|-------------|---------------|-------------------------------|----------------|---------------------|------------|-----------------|--------------|-------------------|
| 1 | 2 | 2:12:00 | 32 | BAZIN | Nicolas | BEAUMONT TRIATHLON | 0:25:39 | 16 | 1:08:03 | 2 | 0:38:18 | 4 |
| 2 | 4 | 2:14:21 | 77 | PÉAN | Théo | LAVAL TRIATHLON CLUB | 0:24:40 | 11 | 1:12:10 | 6 | 0:37:31 | 1 |
| 3 | 6 | 2:17:35 | 99 | BOUVET | ANTOINE | MSA TRIATHLON | 0:20:14 | 1 | 1:15:34 | 5 | 0:41:47 | 15 |
| 4 | 9 | 2:20:55 | 29 | VAUQUELIN | Aurelien | ARCBUSIERS NORMANDS | 0:30:09 | 58 | 1:12:01 | 11 | 0:38:45 | 5 |
| 5 | 10 | 2:22:39 | 155 | LEDORZE | Yann | TCVAL | 0:25:00 | 13 | 1:16:42 | 8 | 0:40:57 | 10 |
| 6 | 12 | 2:25:18 | 102 | BARREAU | GUILLAUME | MSA TRIATHLON | 0:23:45 | 6 | 1:18:05 | 10 | 0:43:28 | 22 |
| 7 | 13 | 2:26:07 | 65 | CAMBOUT | Teddy | ENDURANCE 72 | 0:22:25 | 3 | 1:19:21 | 9 | 0:44:21 | 28 |
| 8 | 14 | 2:26:16 | 153 | MAUPOIX | Jérôme | US IVRYTRIATHLON | 0:28:10 | 37 | 1:16:41 | 16 | 0:41:25 | 12 |
| 9 | 16 | 2:27:46 | 103 | GUÉDON | Mathieu | POISSY TRIATHLON | 0:25:10 | 14 | 1:18:13 | 14 | 0:44:23 | 29 |
| 10 | 18 | 2:28:17 | 28 | LEBOUCHER | Hervé | ALENÇON TRIATHLON | 0:33:21 | 94 | 1:15:10 | 23 | 0:39:46 | 8 |
| 11 | 19 | 2:30:04 | 104 | SINAEVE | Mickaël | POMPIER LES HAVRE | 0:25:38 | 15 | 1:20:43 | 21 | 0:43:43 | 24 |
| 12 | 20 | 2:30:36 | 25 | PAPILLON | David | ALENÇON TRIATHLON | 0:28:38 | 44 | 1:17:30 | 20 | 0:44:28 | 31 |
| 13 | 23 | 2:33:58 | 47 | QUENTIN | LUDOVIC | CHERBOURG TRIATHLON | 0:30:21 | 62 | 1:16:55 | 22 | 0:46:42 | 43 |
| 14 | 26 | 2:35:16 | 80 | LABBE | DAVID | LES ARCBUSIERS NORMANDS | 0:29:30 | 50 | 1:21:04 | 32 | 0:44:42 | 32 |
| 15 | 28 | 2:35:29 | 128 | MATHIEU | Pitard | YVETOT TRIATHLON | 0:29:40 | 53 | 1:23:57 | 43 | 0:41:52 | 17 |
| 16 | 31 | 2:36:58 | 53 | FAUVEL | Nicolas | CHERBOURG TRIATHLON | 0:28:10 | 37 | 1:24:00 | 41 | 0:44:48 | 33 |
| 17 | 32 | 2:37:03 | 61 | LEMERCIER | Franck | EAC TRIATHLON | 0:27:22 | 29 | 1:18:33 | 19 | 0:51:08 | 64 |
| 18 | 34 | 2:37:37 | 68 | NIVERT | Nicolas | EVREUX AC TRIATHLON | 0:28:29 | 43 | 1:21:29 | 29 | 0:47:39 | 45 |
| 19 | 37 | 2:39:19 | 87 | DUREL | Guillaume | LES TRITONS CONDEENS | 0:28:16 | 41 | 1:21:57 | 30 | 0:49:06 | 51 |
| 20 | 39 | 2:40:00 | 34 | RAMOND | Alexandre | C.A.O SAINT CYR L'ÉCOLE | 0:27:24 | 30 | 1:28:29 | 50 | 0:44:07 | 27 |
| 21 | 46 | 2:41:36 | 52 | BEAUCHET | NICOLAS | CHERBOURG TRIATHLON | 0:22:54 | 5 | 1:22:52 | 18 | 0:55:50 | 97 |
| 22 | 51 | 2:44:54 | 55 | AMBOISE | Sébastien | CNSQY | 0:30:44 | 70 | 1:30:54 | 67 | 0:43:16 | 20 |
| 23 | 52 | 2:45:56 | 78 | MADIOT | Boris | LAVAL TRIATHLON CLUB | 0:27:07 | 26 | 1:24:55 | 40 | 0:53:54 | 84 |
| 24 | 58 | 2:48:57 | 140 | PLAZANET | Antoine | | 0:30:23 | 64 | 1:29:48 | 63 | 0:48:46 | 48 |
| 25 | 73 | 2:55:33 | 73 | GUERIN | Julien | FREE IRON TEAM | 0:33:03 | 91 | 1:29:17 | 69 | 0:53:13 | 78 |
| 26 | 74 | 2:55:53 | 145 | JUVE | SEBASTIEN | | 0:35:06 | 109 | 1:31:43 | 89 | 0:49:04 | 50 |
| 27 | 78 | 2:57:05 | 152 | HUBER | Damien | CAEN TRIATHLON | 0:31:51 | 79 | 1:32:39 | 79 | 0:52:35 | 72 |
| 28 | 80 | 2:58:50 | 134 | DECROOS | Jerome | | 0:29:22 | 48 | 1:33:41 | 74 | 0:55:47 | 95 |
| 29 | 82 | 2:59:17 | 137 | CLEMENT | Thibaut | | 0:36:55 | 120 | 1:27:52 | 81 | 0:54:30 | 87 |
| 30 | 86 | 2:59:53 | 66 | DENOJAL | LAURENT | ERNEENNE SPORTS TRIATHLON | 0:40:20 | 129 | 1:26:22 | 87 | 0:53:11 | 77 |
| 31 | 87 | 3:00:21 | 39 | DURAND | Aurélien | CAEN TRIATHLON | 0:32:58 | 90 | 1:29:23 | 70 | 0:58:00 | 103 |
| 32 | 88 | 3:00:42 | 127 | SAINSAULIEU | Florent | YVETOT TRIATHLON | 0:32:01 | 81 | 1:34:54 | 90 | 0:53:47 | 81 |
| 33 | 91 | 3:01:55 | 122 | DELARUE | Gaëtan | TRIATHLON FLERS LA FERTE MACE | 0:33:23 | 96 | 1:35:26 | 99 | 0:53:06 | 76 |
| 34 | 96 | 3:04:18 | 91 | BARNABÉ | Bastien | MEUDON TRIATHLON | 0:33:12 | 93 | 1:36:05 | 101 | 0:55:01 | 92 |
| 35 | 99 | 3:06:30 | 154 | PRUNIER | Laurent | CHERBOURG TRIATHLON | 0:37:51 | 121 | 1:30:48 | 97 | 0:57:51 | 100 |
| 36 | 102 | 3:07:32 | 33 | GORECKI | MICKAEL | BEAUVAIS TRIATHLON | 0:27:48 | 35 | 1:32:32 | 64 | 1:07:12 | 126 |
| 37 | 103 | 3:10:17 | 75 | MILIN | Mathieu | ISSY TRIATHLON | 0:31:01 | 75 | 1:45:26 | 117 | 0:53:50 | 82 |
| 38 | 104 | 3:10:48 | 117 | POTIER | Pierre-alexis | SAINT-LO TRIATHLON | 0:37:54 | 122 | 1:37:46 | 112 | 0:55:08 | 93 |
| 39 | 118 | 3:21:08 | 149 | GUÉRIN | Antoine | | 0:36:28 | 119 | 1:49:40 | 127 | 0:55:00 | 91 |
| 40 | 130 | 3:43:35 | 49 | HELAINÉ | ALEXANDRE | CHERBOURG TRIATHLON | 0:38:11 | 124 | 1:48:50 | 129 | 1:16:34 | 133 |
| 41 | 132 | 3:47:36 | 138 | ALLAIN | Rudy | | 0:34:31 | 104 | 2:04:29 | 135 | 1:08:36 | 129 |

Course 6 : M - Vétérans femmes

| Place | SCRATCH | TEMPS | Dossard | Nom | Prénom | Club | Temps natation | Classement natation | Temps vélo | Classement vélo | Temps course | Classement course |
|-------|---------|---------|---------|------------|---------------|-------------------------------|----------------|---------------------|------------|-----------------|--------------|-------------------|
| 1 | 70 | 2:54:01 | 2 | DURIER | Severine | COURBEVOIE TRIATHLON | 0:32:08 | 82 | 1:30:46 | 73 | 0:51:07 | 63 |
| 2 | 75 | 2:56:01 | 9 | OELKERS | Susie | TEAM RMPRO | 0:27:33 | 33 | 1:39:12 | 88 | 0:49:16 | 52 |
| 3 | 89 | 3:00:47 | 6 | ROL | Marie Thérèse | LES LIONS TRIATHLON | 0:30:35 | 68 | 1:38:03 | 96 | 0:52:09 | 70 |
| 4 | 93 | 3:02:26 | 4 | GRILL | Catherine | EVREUX | 0:34:11 | 102 | 1:33:57 | 93 | 0:54:18 | 85 |
| 5 | 107 | 3:12:28 | 13 | CAUDRELIER | Sabine | | 0:29:44 | 54 | 1:41:26 | 104 | 1:01:18 | 115 |
| 6 | 124 | 3:27:10 | 11 | MARCHANT | Véronique | U.S. CHEMINOTS CAENNAIS | 0:32:56 | 89 | 1:50:44 | 124 | 1:03:30 | 120 |
| 7 | 128 | 3:37:39 | 10 | LORGEUX | Isabelle | TRIATHLON FLERS LA FERTE MACE | 0:44:05 | 135 | 1:52:11 | 131 | 1:01:23 | 116 |
| 8 | 133 | 3:51:27 | 7 | BOUTEILLE | ISABELLE | MSA TRIATHLON | 0:45:17 | 136 | 1:56:42 | 136 | 1:09:28 | 130 |
| 9 | 134 | 3:53:11 | 12 | ALLEKI | Nora | US IVRYTRIATHLON | 0:50:22 | 137 | 2:04:09 | 137 | 0:58:40 | 106 |

Course 6 : M - Vétérans hommes

| Place | SCRATCH | TEMPS | Dossard | Nom | Prénom | Club | Temps natation | Classement natation | Temps vélo | Classement vélo | Temps course | Classement course |
|-------|---------|---------|---------|----------------|-----------------|-------------------------------|----------------|---------------------|------------|-----------------|--------------|-------------------|
| 1 | 1 | 2:11:02 | 67 | PILATTE | Cyril | ESMGO TRIATHLON | 0:20:49 | 2 | 1:10:57 | 1 | 0:39:16 | 7 |
| 2 | 5 | 2:14:50 | 113 | FOULON | François | RMPRO | 0:22:48 | 4 | 1:11:48 | 3 | 0:40:14 | 9 |
| 3 | 7 | 2:19:36 | 62 | PIERRE | Regis | EAC TRIATHLON | 0:26:36 | 22 | 1:14:02 | 7 | 0:38:58 | 6 |
| 4 | 11 | 2:24:03 | 118 | LANÉE | Damien | TCVAL | 0:25:55 | 19 | 1:16:23 | 13 | 0:41:45 | 14 |
| 5 | 15 | 2:27:33 | 120 | GOUDINOUX | Raphael | TORCY TRI CLUB | 0:26:17 | 20 | 1:18:25 | 15 | 0:42:51 | 19 |
| 6 | 17 | 2:27:54 | 48 | JONAS | THIERRY | CHERBOURG TRIATHLON | 0:26:46 | 24 | 1:18:40 | 17 | 0:42:28 | 18 |
| 7 | 21 | 2:32:48 | 57 | AUVRAY | Frédéric | COUTANCES TRIATHLON | 0:27:31 | 32 | 1:21:22 | 24 | 0:43:55 | 26 |
| 8 | 22 | 2:33:21 | 110 | MARTIN | YANN | RENNES TRIATHLON | 0:27:06 | 25 | 1:24:48 | 37 | 0:41:27 | 13 |
| 9 | 24 | 2:34:46 | 88 | LEFEVRE | Mickael | LES TRITONS CONDEENS | 0:30:46 | 71 | 1:19:33 | 31 | 0:44:27 | 30 |
| 10 | 25 | 2:34:55 | 81 | GUILLOCHON | Marcel | LES LIONS | 0:30:33 | 67 | 1:21:02 | 35 | 0:43:20 | 21 |
| 11 | 27 | 2:35:24 | 35 | FOUREL | Patrice | CAEN TRIATHLON | 0:29:47 | 55 | 1:19:51 | 27 | 0:45:46 | 36 |
| 12 | 29 | 2:35:30 | 56 | POZZO DI BORGO | Michel | COURBEVOIE TRIATHLON | 0:27:38 | 34 | 1:21:38 | 26 | 0:46:14 | 38 |
| 13 | 30 | 2:36:00 | 124 | GRAAF DE | Gert | TVH (PAYS BAS) | 0:28:11 | 39 | 1:22:34 | 33 | 0:45:15 | 34 |
| 14 | 33 | 2:37:22 | 107 | BREBION | David | RACING MULTI ATHLON | 0:24:51 | 12 | 1:25:57 | 34 | 0:46:34 | 41 |
| 15 | 35 | 2:37:56 | 93 | ROCHE | OLIVIER | MSA TRIATHLON | 0:29:57 | 56 | #N/A | #N/A | #N/A | #N/A |
| 16 | 36 | 2:38:32 | 37 | GLOWACZ | Vincent | CAEN TRIATHLON | 0:29:38 | 52 | 1:22:18 | 38 | 0:46:36 | 42 |
| 17 | 38 | 2:39:41 | 43 | ROBERT | Gilles | CAEN TRIATHLON | 0:25:42 | 17 | 1:26:18 | 39 | 0:47:41 | 46 |
| 18 | 40 | 2:40:16 | 116 | MARTIN | JOEL | SAINT-LO TRIATHLON | 0:30:20 | 61 | 1:26:23 | 53 | 0:43:33 | 23 |
| 19 | 41 | 2:40:19 | 50 | GENTET | DAVID | CHERBOURG TRIATHLON | 0:31:03 | 76 | 1:25:27 | 52 | 0:43:49 | 25 |
| 20 | 42 | 2:40:33 | 42 | FIEVET | Frédéric | | 0:29:27 | 49 | 1:20:16 | 28 | 0:50:50 | 60 |
| 21 | 43 | 2:40:35 | 26 | GIBORY | Pascal | ALENÇON TRIATHLON | 0:28:10 | 38 | 1:26:02 | 46 | 0:46:23 | 39 |
| 22 | 44 | 2:40:45 | 146 | PATROM | Yannick | | 0:30:59 | 74 | 1:20:49 | 36 | 0:48:57 | 49 |
| 23 | 47 | 2:42:55 | 100 | BOUTEILLE | VINCENT | MSA TRIATHLON | 0:27:08 | 27 | 1:27:20 | 49 | 0:48:27 | 47 |
| 24 | 48 | 2:43:05 | 21 | GIRARD | Christophe | ALENÇON TRIATHLON | 0:31:50 | 78 | 1:25:24 | 55 | 0:45:51 | 37 |
| 25 | 49 | 2:43:47 | 36 | HEBERT | Bruno | CAEN TRIATHLON | 0:30:13 | 59 | 1:27:06 | 56 | 0:46:28 | 40 |
| 26 | 50 | 2:44:52 | 64 | AULNETTE | Jean-Luc | EAC TRIATHLON | 0:35:30 | 113 | 1:18:08 | 44 | 0:51:14 | 65 |
| 27 | 53 | 2:46:39 | 79 | PARESSANT | Jean-François | LAVAL TRIATHLON CLUB | 0:23:59 | 7 | 1:32:45 | 54 | 0:49:55 | 55 |
| 28 | 54 | 2:46:41 | 141 | POUTEAU | Yannick | | 0:34:07 | 101 | 1:31:29 | 84 | 0:41:05 | 11 |
| 29 | 56 | 2:47:05 | 95 | JAEGLER | ARNAUD | MSA TRIATHLON | 0:24:12 | 8 | 1:24:59 | 25 | 0:57:54 | 101 |
| 30 | 57 | 2:48:51 | 40 | GAILLARD | BRUNO | CAEN TRIATHLON | 0:26:29 | 21 | 1:27:45 | 47 | 0:54:37 | 90 |
| 31 | 59 | 2:49:05 | 94 | PRZYGODA | NICOLAS | MSA TRIATHLON | 0:30:52 | 72 | 1:27:29 | 60 | 0:50:44 | 59 |
| 32 | 60 | 2:49:13 | 112 | CHOURREAU | Stéphane | RMPRO | 0:28:18 | 42 | 1:29:54 | 59 | 0:51:01 | 62 |
| 33 | 61 | 2:49:27 | 105 | LEROY | LAURENT | PONT AUDEMER TRIATHLON | 0:30:18 | 60 | 1:28:33 | 62 | 0:50:36 | 58 |
| 34 | 62 | 2:50:06 | 69 | LEBRIEZ | Christophe | EVREUX AC TRIATHLON | 0:32:36 | 86 | 1:25:50 | 61 | 0:51:40 | 68 |
| 35 | 63 | 2:50:13 | 126 | PIOGÉ | Daniel | VSF | 0:33:05 | 92 | 1:31:35 | 80 | 0:45:33 | 35 |
| 36 | 64 | 2:50:19 | 23 | POTIN | Samuel | ALENÇON TRIATHLON | 0:28:12 | 40 | 1:29:28 | 57 | 0:52:39 | 73 |
| 37 | 65 | 2:52:01 | 86 | DELAMONTAGNE | Patrick | LES QU'ON PERD | 0:32:00 | 80 | 1:26:10 | 58 | 0:53:51 | 83 |
| 38 | 67 | 2:52:28 | 82 | ROL | Christian | LES LIONS TRIATHLON | 0:29:36 | 51 | 1:24:28 | 45 | 0:58:24 | 105 |
| 39 | 68 | 2:53:43 | 98 | DAIRY | SAMUEL | MSA TRIATHLON | 0:30:22 | 63 | 1:32:01 | 71 | 0:51:20 | 66 |
| 40 | 69 | 2:53:57 | 83 | REY | Claude | LES LIONS TRIATHLON | 0:29:19 | 47 | 1:33:06 | 72 | 0:51:32 | 67 |
| 41 | 71 | 2:54:54 | 54 | BATICLE | Pascal | CHERBOURG TRIATHLON | 0:36:04 | 118 | 1:28:00 | 76 | 0:50:50 | 61 |
| 42 | 72 | 2:55:03 | 119 | GORAND | Jean-michel | TOBESPORT | 0:28:53 | 45 | 1:32:26 | 66 | 0:53:44 | 80 |
| 43 | 76 | 2:56:23 | 92 | VOIMENT | GUILLAUME | MSA TRIATHLON | 0:27:52 | 36 | 1:32:43 | 65 | 0:55:48 | 96 |
| 44 | 77 | 2:56:57 | 89 | FEUVRIER | Cyril | LES TRITONS CONDEENS | 0:35:31 | 114 | 1:28:53 | 78 | 0:52:33 | 71 |
| 45 | 79 | 2:58:04 | 22 | COURTOIS | Arnaud | ALENÇON TRIATHLON | 0:32:53 | 88 | 1:35:47 | 98 | 0:49:24 | 53 |
| 46 | 81 | 2:59:08 | 115 | LEGENDRE | JEAN YVES | SABLÉ TRIATHLON | 0:30:24 | 65 | 1:37:04 | 92 | 0:51:40 | 69 |
| 47 | 84 | 2:59:41 | 144 | CLEMENT | Christian | | 0:34:37 | 105 | 1:34:35 | 100 | 0:50:29 | 56 |
| 48 | 85 | 2:59:47 | 129 | POULAIN | Jean-Luc | YVETOT TRIATHLON | 0:35:05 | 108 | 1:30:05 | 83 | 0:54:37 | 89 |
| 49 | 90 | 3:01:35 | 109 | LECOULTURIER | Olivier | RCCN | 0:35:55 | 117 | 1:32:42 | 95 | 0:52:58 | 74 |
| 50 | 92 | 3:02:03 | 59 | LE COQUIL | Serge | CYT91 | 0:32:34 | 85 | 1:35:45 | 94 | 0:53:44 | 79 |
| 51 | 94 | 3:02:42 | 136 | LECOURTOIS | Eric | | 0:34:46 | 106 | 1:32:15 | 91 | 0:55:41 | 94 |
| 52 | 95 | 3:03:49 | 63 | LE CLEC H | Christophe | EAC TRIATHLON | 0:30:27 | 66 | 1:33:44 | 77 | 0:59:38 | 110 |
| 53 | 97 | 3:05:10 | 60 | VAGNIER | Sebastien | EAC TRIATHLON | 0:25:51 | 18 | 1:35:59 | 68 | 1:03:20 | 119 |
| 54 | 98 | 3:06:11 | 85 | LE DERF | Fabrice | LES QU'ON PERD | 0:42:21 | 131 | 1:34:16 | 119 | 0:49:34 | 54 |
| 55 | 100 | 3:06:41 | 44 | DA GRAÇA | Pascal | CHERBOURG TRIATHLON | 0:32:19 | 83 | 1:31:34 | 75 | 1:02:48 | 118 |
| 56 | 101 | 3:06:43 | 135 | BERTHOME | Pascal | | 0:40:11 | 128 | 1:35:59 | 115 | 0:50:33 | 57 |
| 57 | 105 | 3:11:04 | 106 | LAVIE | Claude | PONT AUDEMER TRIATHLON | 0:38:16 | 125 | 1:38:13 | 118 | 0:54:35 | 88 |
| 58 | 106 | 3:11:34 | 150 | PINOT | Benoit | | 0:35:29 | 112 | 1:41:40 | 121 | 0:54:25 | 86 |
| 59 | 108 | 3:12:33 | 133 | CACHARD | Guy | | 0:35:10 | 110 | 1:36:58 | 106 | 1:00:25 | 112 |
| 60 | 109 | 3:12:33 | 147 | ORTEGA | ERIC | | 0:30:56 | 73 | 1:35:44 | 86 | 1:05:53 | 123 |
| 61 | 110 | 3:13:09 | 130 | BOULAN | Jean christophe | YVETOT TRIATHLON | 0:35:29 | 111 | 1:40:25 | 113 | 0:57:15 | 98 |
| 62 | 111 | 3:14:59 | 143 | YAICHE | Michael | | 0:33:34 | 99 | 1:42:26 | 114 | 0:58:59 | 107 |
| 63 | 112 | 3:15:17 | 30 | PIERRE | Stephane | ARGENTAN TRIATHLON | 0:33:22 | 95 | 1:40:45 | 111 | 1:01:10 | 114 |
| 64 | 113 | 3:15:44 | 84 | LONGUEPEE | OLIVIER | LES LIONS TRIATHLON | 0:35:49 | 115 | 1:40:36 | 116 | 0:59:19 | 108 |
| 65 | 114 | 3:16:54 | 46 | VACHERON | LAURENT | CHERBOURG TRIATHLON | 0:34:50 | 107 | 1:34:44 | 102 | 1:07:20 | 127 |
| 66 | 115 | 3:17:12 | 114 | BEDARD | Laurent | S.O.HOUILLES-TRIA | 0:39:13 | 127 | 1:33:46 | 108 | 1:04:13 | 121 |
| 67 | 116 | 3:19:17 | 41 | BONNEAU | Philippe | | 0:30:41 | 69 | 1:41:56 | 107 | 1:06:40 | 125 |
| 68 | 117 | 3:20:06 | 70 | GUÉNE | Fx | EVREUX TRIATHLON | 0:32:39 | 87 | 1:41:06 | 110 | 1:06:21 | 124 |
| 69 | 119 | 3:22:45 | 111 | BONNET | Jean marc | REV7 | 0:43:24 | 134 | 1:41:16 | 125 | 0:58:05 | 104 |
| 70 | 120 | 3:23:01 | 148 | BERG | Orion | | 0:33:26 | 97 | 1:49:07 | 123 | 1:00:28 | 113 |
| 71 | 121 | 3:23:33 | 125 | GALENT | PATRICE | VILLEPINTE TRIATHLON 93 | 0:33:42 | 100 | 1:44:51 | 122 | 1:05:00 | 122 |
| 72 | 122 | 3:23:55 | 31 | ROULAND | Jean-François | ARGENTAN TRIATHLON | 0:38:51 | 126 | 1:47:06 | 126 | 0:57:58 | 102 |
| 73 | 123 | 3:24:47 | 108 | LEMUET | Stéphane | RACING MULTI ATHLON | 0:37:59 | 123 | 1:48:58 | 128 | 0:57:50 | 99 |
| 74 | 125 | 3:27:21 | 142 | GUILLAIS | Emmanuel | | 0:33:30 | 98 | 1:36:39 | 103 | 1:17:12 | 134 |
| 75 | 126 | 3:28:07 | 131 | JOUEN | Jean-claude | YVETOT TRIATHLON | 0:43:18 | 133 | 1:33:35 | 120 | 1:11:14 | 131 |
| 76 | 127 | 3:36:46 | 71 | PLATON | Frederic | TRIATHLON FLERS LA FERTE MACE | 0:52:05 | 138 | 1:44:23 | 132 | 1:00:18 | 111 |
| 77 | 129 | 3:37:39 | 121 | LORGEUX | SEBASTIEN | TRIATHLON FLERS LA FERTE MACE | 0:42:23 | 132 | 1:53:51 | 130 | 1:01:25 | 117 |
| 78 | 135 | 3:54:28 | 139 | BRIEND | Arnaud | | 0:40:21 | 130 | 1:58:15 | 133 | 1:15:52 | 132 |

Course 6 : M - Relais

| Place | SCRATCH | TEMPS | Dossard | Nom | Nom | Prénom | Temps natation | Classement natation | Temps vélo | Classement vélo | Temps course | Classement course |
|-------|---------|---------|---------|---------------|-------------------|----------|----------------|---------------------|------------|-----------------|--------------|-------------------|
| 1 | 3 | 2:13:29 | 253 | rodolfelo | Navarro-Alexandre | Elodie | 0:24:18 | 9 | 1:11:06 | 4 | 0:38:05 | 3 |
| | | | | | Leseigneur | Rodolphe | | | | | | |
| | | | | | Navarro-Alexandre | Elodie | | | | | | |
| 2 | 8 | 2:20:00 | 252 | petit poisson | Bombardieri | Virginie | 0:24:22 | 10 | 1:17:54 | 12 | 0:37:44 | 2 |
| | | | | | Chevallier | Grégory | | | | | | |
| | | | | | Bicherel | Yoann | | | | | | |
| 3 | 55 | 2:46:57 | 255 | Les hameaux | ? | ? | 0:32:25 | 84 | 1:32:42 | 82 | 0:41:50 | 16 |

CLASSEMENT SCRATCH COURSE M

| SCRATCH | TEMPS | Dossard | Nom | Prénom | Club | Catégorie |
|---------|---------|---------|---------------|----------------------|-------------------------|-----------|
| 1 | 2:11:02 | 67 | PILATTE | Cyril | ESMGO TRIATHLON | vétéran |
| 2 | 2:12:00 | 32 | BAZIN | Nicolas | BEAUMONT TRIATHLON | senior |
| 3 | 2:13:29 | 253 | rodolfelo | Navarro-Alexandre El | endurance 72 | RELAIS |
| 3 | 2:13:29 | 253 | rodolfelo | Leseigneur Rodolphe | | RELAIS |
| 3 | 2:13:29 | 253 | rodolfelo | Navarro-Alexandre El | endurance 72 | RELAIS |
| 4 | 2:14:21 | 77 | PÉAN | Théo | LAVAL TRIATHLON CLUB | senior |
| 5 | 2:14:50 | 113 | FOULON | Francois | RMPRO | vétéran |
| 6 | 2:17:35 | 99 | BOUVET | ANTOINE | MSA TRIATHLON | senior |
| 7 | 2:19:36 | 62 | PIERRE | Regis | EAC TRIATHLON | vétéran |
| 8 | 2:20:00 | 252 | petit poisson | Bombardieri Virginie | Yvetôt | RELAIS |
| 8 | 2:20:00 | 252 | petit poisson | Chevallier Grégory | Les requins couronnais | RELAIS |
| 8 | 2:20:00 | 252 | petit poisson | Bicherel Yoann | C.A Cauchois | RELAIS |
| 9 | 2:20:55 | 29 | VAUQUELIN | Aurelien | ARCBUSIERS NORMANDS | senior |
| 10 | 2:22:39 | 155 | LEDORZE | Yann | TCVAL | senior |
| 11 | 2:24:03 | 118 | LANEE | Damien | TCVAL | vétéran |
| 12 | 2:25:18 | 102 | BARREAU | GUILLAUME | MSA TRIATHLON | senior |
| 13 | 2:26:07 | 65 | CAMBOUT | Teddy | ENDURANCE 72 | senior |
| 14 | 2:26:16 | 153 | MAUPOIX | Jérôme | US IVRYTRIATHLON | senior |
| 15 | 2:27:33 | 120 | GOUDINOUX | Raphael | TORCY TRI CLUB | vétéran |
| 16 | 2:27:46 | 103 | GUÉDON | Mathieu | POISSY TRIATHLON | senior |
| 17 | 2:27:54 | 48 | JONAS | THIERRY | CHERBOURG TRIATHLON | vétéran |
| 18 | 2:28:17 | 28 | LEBOUCHER | Hervé | ALENÇON TRIATHLON | senior |
| 19 | 2:30:04 | 104 | SINAEVE | Mickael | POMPIER LES HAVRE | senior |
| 20 | 2:30:36 | 25 | PAPILLON | David | ALENÇON TRIATHLON | senior |
| 21 | 2:32:48 | 57 | AUVRAY | Frédéric | COUTANCES TRIATHLON | vétéran |
| 22 | 2:33:21 | 110 | MARTIN | YANN | RENNES TRIATHLON | vétéran |
| 23 | 2:33:58 | 47 | QUENTIN | LUDOVIC | CHERBOURG TRIATHLON | senior |
| 24 | 2:34:46 | 88 | LEFEVRE | Mickael | LES TRITONS CONDEENS | vétéran |
| 25 | 2:34:55 | 81 | GUILLOCHON | Marcel | LES LIONS | vétéran |
| 26 | 2:35:16 | 80 | LABBE | DAVID | LES ARCBUSIERS NORMANDS | senior |
| 27 | 2:35:24 | 35 | FOUREL | Patrice | CAEN TRIATHLON | vétéran |
| 28 | 2:35:29 | 128 | MATHIEU | Pitard | YVETOT TRIATHLON | senior |
| 29 | 2:35:30 | 56 | POZZO DI BORG | Michel | COURBEVOIE TRIATHLON | vétéran |
| 30 | 2:36:00 | 124 | GRAAF DE | Gert | TVH (PAYS BAS) | vétéran |
| 31 | 2:36:58 | 53 | FAUVEL | Nicolas | CHERBOURG TRIATHLON | senior |
| 32 | 2:37:03 | 61 | LEMERCIER | Franck | EAC TRIATHLON | senior |
| 33 | 2:37:22 | 107 | BREBION | David | RACING MULTI ATHLON | vétéran |
| 34 | 2:37:37 | 68 | NIVERT | Nicolas | EVREUX AC TRIATHLON | senior |
| 35 | 2:37:56 | 93 | ROCHE | OLIVIER | MSA TRIATHLON | vétéran |
| 36 | 2:38:32 | 37 | GLOWACZ | Vincent | CAEN TRIATHLON | vétéran |
| 37 | 2:39:19 | 87 | DUREL | Guillaume | LES TRITONS CONDEENS | senior |
| 38 | 2:39:41 | 43 | ROBERT | Gilles | CAEN TRIATHLON | vétéran |
| 39 | 2:40:00 | 34 | RAMOND | Alexandre | C.A.O SAINT CYR L'ÉCOLE | senior |
| 40 | 2:40:16 | 116 | MARTIN | JOEL | SAINT-LO TRIATHLON | vétéran |
| 41 | 2:40:19 | 50 | GENTET | DAVID | CHERBOURG TRIATHLON | vétéran |
| 42 | 2:40:33 | 42 | FIEVET | Frédéric | | vétéran |
| 43 | 2:40:35 | 26 | GIBORY | Pascal | ALENÇON TRIATHLON | vétéran |
| 44 | 2:40:45 | 146 | PATROM | Yannick | | vétéran |
| 45 | 2:41:12 | 1 | PHILIPPE | Perrine | BEAUMONT TRIATHLON | senior |
| 46 | 2:41:36 | 52 | BEAUCHET | NICOLAS | CHERBOURG TRIATHLON | senior |
| 47 | 2:42:55 | 100 | BOUTEILLE | VINCENT | MSA TRIATHLON | vétéran |
| 48 | 2:43:05 | 21 | GIRARD | Christophe | ALENÇON TRIATHLON | vétéran |
| 49 | 2:43:47 | 36 | HEBERT | Bruno | CAEN TRIATHLON | vétéran |
| 50 | 2:44:52 | 64 | AULNETTE | Jean-Luc | EAC TRIATHLON | vétéran |
| 51 | 2:44:54 | 55 | AMBOISE | Sébastien | CNSQY | senior |
| 52 | 2:45:56 | 78 | MADIOT | Boris | LAVAL TRIATHLON CLUB | senior |
| 53 | 2:46:39 | 79 | PARESSANT | Jean-François | LAVAL TRIATHLON CLUB | vétéran |
| 54 | 2:46:41 | 141 | POUTEAU | Yannick | | vétéran |
| 55 | 2:46:57 | 255 | Les hameaux | ? | | RELAIS |
| 55 | 2:46:57 | 255 | Les hameaux | ? | | RELAIS |
| 55 | 2:46:57 | 255 | Les hameaux | ? | | RELAIS |
| 56 | 2:47:05 | 95 | JAEGLER | ARNAUD | MSA TRIATHLON | vétéran |
| 57 | 2:48:51 | 40 | GAILLARD | BRUNO | CAEN TRIATHLON | vétéran |
| 58 | 2:48:57 | 140 | PLAZANET | Antoine | | senior |
| 59 | 2:49:05 | 94 | PRZYGODA | NICOLAS | MSA TRIATHLON | vétéran |
| 60 | 2:49:13 | 112 | CHOURREAU | Stéphane | RMPRO | vétéran |
| 61 | 2:49:27 | 105 | LAEROY | LAURENT | PONT AUDEMERE TRIATHLON | vétéran |
| 62 | 2:50:06 | 69 | LEBRIEZ | Christophe | EVREUX AC TRIATHLON | vétéran |
| 63 | 2:50:13 | 126 | PIOGÉ | Daniel | VSF | vétéran |
| 64 | 2:50:19 | 23 | POTIN | Samuel | ALENÇON TRIATHLON | vétéran |
| 65 | 2:52:01 | 86 | DELAMONTAGNE | Patrick | LES QU'ON PERD | vétéran |
| 66 | 2:52:16 | 101 | BOUTEILLE | MAXIME | MSA TRIATHLON | junior |
| 67 | 2:52:28 | 82 | ROL | Christian | LES LIONS TRIATHLON | vétéran |
| 68 | 2:53:43 | 98 | DAIRY | SAMUEL | MSA TRIATHLON | vétéran |
| 69 | 2:53:57 | 83 | REY | Claude | LES LIONS TRIATHLON | vétéran |
| 70 | 2:54:01 | 2 | DURIER | Severine | COURBEVOIE TRIATHLON | vétéran |

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|-----|---------|-----|--------------|-----------------|-------------------------------|---------|
| 71 | 2:54:54 | 54 | BATICLE | Pascal | CHERBOURG TRIATHLON | vétéran |
| 72 | 2:55:03 | 119 | GORAND | Jean-michel | TOBESPORT | vétéran |
| 73 | 2:55:33 | 73 | GUERIN | Julien | FREE IRON TEAM | senior |
| 74 | 2:55:53 | 145 | JUVE | SEBASTIEN | | senior |
| 75 | 2:56:01 | 9 | OELKERS | Susie | TEAM RMPRO | vétéran |
| 76 | 2:56:23 | 92 | VOIMENT | GUILLAUME | MSA TRIATHLON | vétéran |
| 77 | 2:56:57 | 89 | FEUVRIER | Cyril | LES TRITONS CONDEENS | vétéran |
| 78 | 2:57:05 | 152 | HUBER | Damien | CAEN TRIATHLON | senior |
| 79 | 2:58:04 | 22 | COURTOIS | Arnaud | ALENÇON TRIATHLON | vétéran |
| 80 | 2:58:50 | 134 | DECROOS | Jerome | | senior |
| 81 | 2:59:08 | 115 | LEGENDRE | JEAN YVES | SABLÉ TRIATHLON | vétéran |
| 82 | 2:59:17 | 137 | CLEMENT | Thibaut | | senior |
| 83 | 2:59:28 | 5 | DODELANDE | Caroline | EVREUX AC TRIATHLON | senior |
| 84 | 2:59:41 | 144 | CLEMENT | Christian | | vétéran |
| 85 | 2:59:47 | 129 | POULAIN | Jean-Luc | YVETOT TRIATHLON | vétéran |
| 86 | 2:59:53 | 66 | DENOVAL | LAURENT | ERNEENNE SPORTS TRIATHLON | senior |
| 87 | 3:00:21 | 39 | DURAND | Aurélien | CAEN TRIATHLON | senior |
| 88 | 3:00:42 | 127 | SAINSAULIEU | Florent | YVETOT TRIATHLON | senior |
| 89 | 3:00:47 | 6 | ROL | Marie Thérèse | LES LIONS TRIATHLON | vétéran |
| 90 | 3:01:35 | 109 | LECOURTURIER | Olivier | RCCN | vétéran |
| 91 | 3:01:55 | 122 | DELARUE | Gaetan | TRIATHLON FLERS LA FERTE MACE | senior |
| 92 | 3:02:03 | 59 | LE COQUIL | Serge | CYT91 | vétéran |
| 93 | 3:02:26 | 4 | GRILL | Catherine | EVREUX | vétéran |
| 94 | 3:02:42 | 136 | LECOURTOIS | Eric | | vétéran |
| 95 | 3:03:49 | 63 | LE CLEC H | Christophe | EAC TRIATHLON | vétéran |
| 96 | 3:04:18 | 91 | BARNABÉ | Bastien | MEUDON TRIATHLON | senior |
| 97 | 3:05:10 | 60 | VAGNIER | Sebastien | EAC TRIATHLON | vétéran |
| 98 | 3:06:11 | 85 | LE DERF | Fabrice | LES QU'ON PERD | vétéran |
| 99 | 3:06:30 | 154 | PRUNIER | Laurent | CHERBOURG TRIATHLON | senior |
| 100 | 3:06:41 | 44 | DA GRAÇA | Pascal | CHERBOURG TRIATHLON | vétéran |
| 101 | 3:06:43 | 135 | BERTHOME | Pascal | | vétéran |
| 102 | 3:07:32 | 33 | GORECKI | MICKAEL | BEAUVAIS TRIATHLON | senior |
| 103 | 3:10:17 | 75 | MILIN | Mathieu | ISSY TRIATHLON | senior |
| 104 | 3:10:48 | 117 | POTIER | Pierre-alexis | SAINT-LO TRIATHLON | senior |
| 105 | 3:11:04 | 106 | LAVIE | Claude | PONT AUDEMER TRIATHLON | vétéran |
| 106 | 3:11:34 | 150 | PINOT | Benoit | | vétéran |
| 107 | 3:12:28 | 13 | CAUDRELIER | Sabine | | vétéran |
| 108 | 3:12:33 | 133 | CACHARD | Guy | | vétéran |
| 109 | 3:12:33 | 147 | ORTEGA | ERIC | | vétéran |
| 110 | 3:13:09 | 130 | BOULAN | Jean christophe | YVETOT TRIATHLON | vétéran |
| 111 | 3:14:59 | 143 | YAICHE | Michael | | vétéran |
| 112 | 3:15:17 | 30 | PIERRE | Stephane | ARGENTAN TRIATHLON | vétéran |
| 113 | 3:15:44 | 84 | LONGUEPEE | OLIVIER | LES LIONS TRIATHLON | vétéran |
| 114 | 3:16:54 | 46 | VACHERON | LAURENT | CHERBOURG TRIATHLON | vétéran |
| 115 | 3:17:12 | 114 | BEDARD | Laurent | S.O.HOUILLES-TRIA | vétéran |
| 116 | 3:19:17 | 41 | BONNEAU | Philippe | | vétéran |
| 117 | 3:20:06 | 70 | GUÉNÉ | Fx | EVREUX TRIATHLON | vétéran |
| 118 | 3:21:08 | 149 | GUÉRIN | Antoine | | senior |
| 119 | 3:22:45 | 111 | BONNET | Jean marc | REV7 | vétéran |
| 120 | 3:23:01 | 148 | BERG | Orion | | vétéran |
| 121 | 3:23:33 | 125 | GALENT | PATRICE | VILLEPINTE TRIATHLON 93 | vétéran |
| 122 | 3:23:55 | 31 | ROULAND | Jean-François | ARGENTAN TRIATHLON | vétéran |
| 123 | 3:24:47 | 108 | LEMUET | Stéphane | RACING MULTI ATHLON | vétéran |
| 124 | 3:27:10 | 11 | MARCHAND | Véronique | U.S. CHEMINOTS CAENNAIS | vétéran |
| 125 | 3:27:21 | 142 | GUILLAIS | Emmanuel | | vétéran |
| 126 | 3:28:07 | 131 | JOUEN | Jean-claude | YVETOT TRIATHLON | vétéran |
| 127 | 3:36:46 | 71 | PLATON | Frederic | TRIATHLON FLERS LA FERTE MACE | vétéran |
| 128 | 3:37:39 | 10 | LORGEOUX | Isabelle | TRIATHLON FLERS LA FERTE MACE | vétéran |
| 129 | 3:37:39 | 121 | LORGEOUX | SEBASTIEN | TRIATHLON FLERS LA FERTE MACE | vétéran |
| 130 | 3:43:35 | 49 | HELAINÉ | ALEXANDRE | CHERBOURG TRIATHLON | senior |
| 131 | 3:47:36 | 14 | EGAL | Landia | | senior |
| 132 | 3:47:36 | 138 | ALLAIN | Rudy | | senior |
| 133 | 3:51:27 | 7 | BOUTEILLE | ISABELLE | MSA TRIATHLON | vétéran |
| 134 | 3:53:11 | 12 | ALLEKI | Nora | US IVRYTRIATHLON | vétéran |
| 135 | 3:54:28 | 139 | BRIEND | Arnaud | | vétéran |